

ON THE MENU

Blue Zones Project Approved Restaurants™ — Making the Healthy Choice the Easy Choice

21 Spices by Chef Asif | 239.919.8830

15 Blue Zones® Inspired dishes on the menu
4270 Tamiami Trail East, #21, Naples

BRK Pizza | 239.598.5707

2 Blue Zones® Inspired dishes on the menu
6355 Naples Blvd, Naples

Baleen - LaPlaya Beach Resort | 239.598.5707

6 Blue Zones® Inspired dishes on the menu
9891 Gulf Shore Dr., Naples

CJ's on the Bay | 239.389.4511

12 Blue Zones® Inspired dishes on the menu
740 N Collier Blvd #105, Marco Island

Coast - Edgewater Beach Hotel | 239.403.2000

10 Blue Zones® Inspired dishes on the menu
1901 Gulf Shore Blvd N, Naples

Cosmos Café & Pizzeria | 239.262.8181

7 Blue Zones® Inspired dishes on the menu
536 Tamiami Trail N., Naples

EE-TO-LEET-KE Grill | 239.658.1313

9 Blue Zones® Inspired dishes on the menu
Seminole Casino Hotel, 506 S. 1st Street, Immokalee

First Watch—Granada Shoppes | 239.566.7395

4 Blue Zones® Inspired dishes on the menu
1000 Immokalee Rd. Naples

Fify's Caribbean Cuisine | 239.657.3439

6 Blue Zones® Inspired dishes on the menu
320 Alachua Street, Immokalee



Cauliflower Quinoa Cakes — Coast Edgewater Beach Hotel

Jason's Deli | 239.593.9499

3 Blue Zones® Inspired dishes on the menu
2700 Immokalee Rd. Naples

Juicelation | 239.529.2290

6 Blue Zones® Inspired dishes on the menu
4947 Tamiami Trail N., #104, Naples

LuLu B's Diner | 239.596.1965

7 Blue Zones® Inspired Dishes
2374 Immokalee Rd, Naples

Mel's Diner, Naples | 239.643.9898

14 Blue Zones® Inspired dishes on the menu
3650 Tamiami Trail N., Naples

Naples Flatbread, Mercato | 239.431.8259

5 Blue Zones® Inspired Dishes on the menu
9118 Strada Pl #8170, Naples

Naples Flatbread, Miramar Outlets | 239.495.3528

5 Blue Zones® Inspired dishes on the menu
10801 Corkscrew Rd, Estero

Old 41 Restaurant | 239.948.4190

7 Blue Zones® Inspired dishes on the menu
25091 Bernwood Dr., Bonita Springs

Organically Twisted | 239.302.8669

13040 Livingston Rd., #10, Naples

Palladio Trattoria | 239.947.2202

6 Blue Zones® Inspired dishes on the menu
28340 Trails Edge Blvd, Bonita Springs

Riverwalk at Tin City | 239.263.2734

4 Blue Zones® Inspired dishes on the menu
1200 5th Ave. S., #45, Naples



Power Wrap
Mel's Diner, Naples

Shula's Steak House | 239.430.4999

5 Blue Zones® Inspired dishes on the menu
5111 Tamiami Trail N., Naples

Skillets Bonita Springs | 239.992.9333

11 Blue Zones® Inspired dishes on the menu
9174 Bonita Beach R., Bonita Springs

Skillets Lely | 239.732.9786

11 Blue Zones® Inspired dishes on the menu
7711 Collier Blvd., Naples

Skillets North Naples | 239.566.1999

11 Blue Zones® Inspired dishes on the menu
5461 Airport Pulling Rd. N., Naples

Skillets Parkshore | 239.262.3788

11 Blue Zones® Inspired dishes on the menu
4170 Tamiami Trail N., Naples

Skillets Pavilion | 239.330.2515

11 Blue Zones® Inspired dishes on the menu
847 Vanderbilt Beach Rd., Naples

Skillets at the Strand | 239.596.8202

11 Blue Zones® Inspired dishes on the menu
5628 Strand Blvd., Naples

Skillets University Village | 239.471.0553

11 Blue Zones® Inspired dishes on the menu
10950 Eagle Village Dr., Near FGCU

Sunburst Cafe | 239.263.3123

10 Blue Zones® Inspired dishes on the menu
2340 Pine Ridge Rd, Naples

Survey Cafe | 239.992.2233

7 Blue Zones® Inspired dishes on the menu
10530 Wilson St., Bonita Springs



**Noreen's Breakfast
Skillets**

The Boardwalk at FGCU | 239.745.4519

2 Blue Zones® Inspired dishes on the menu
North Lake Village, 10501 FGCU Blvd S, FGCU

The Boathouse on Naples Bay | 239.643.2235

7 Blue Zones® Inspired dishes on the menu
990 Broad Ave S, Naples

The Bowl | 239.734.3867

1427 Pine Ridge Rd., #103, Naples

The Bowl Central | 239.231.3324

1200 Central Ave. Naples

The Café | 239.430.6555

821 5th Ave S, Naples

The Café at Bonita Beach | 239.949.9733

10 Blue Zones® Inspired dishes on the menu
5900 Bonita Beach Rd SW, #1101, Bonita Springs

The Local | 239.596.3276

5323 Airport Pulling Rd., Naples

The Wave Café, NCH North Hospital

4 Blue Zones® Inspired dishes on the menu
11190 Health Park Blvd., Naples

Tree Top Café, NCH Baker Downtown Hospital

4 Blue Zones® Inspired dishes on the menu
350 7th Street N., Naples

True Food Kitchen, Naples | 239.431.4580

5375 Tamiami Trail N., #15, Naples



**Charred Veggie Stack
CJ's on the Bay**

Blue Zones Project® helps participating restaurants make their healthy choices easier to find.
Everything we do comes free of charge thanks to our sponsor, NCH Healthcare System.
Try a Blue Zones® Inspired dish and encourage your favorite restaurant to join us!