

Direct Lab Testing

Direct access lab test orders can be a great option for your personal information or need discount lab pricing to avoid high out-of-pocket lab expenses.

There many reasons why some lab tests are not brought to your attention. However, after spending a decade in the lab industry, I learned that there are some helpful tests to help keep you successful on your journey to reverse the effects of type 2 diabetes.

Below is a group of tests for tracking your glucose levels, lipids (cholesterol), and nutrients. The list is not all encompassing; however, it gives you a great start.

Reverse My Diabetes Lab Test Pricing

Denise can order lab tests (out-of-pocket expense) at discount pricing. There is a draw fee of \$8 for each visit. Testing is performed at Quest Diagnostics.

- **A1c** \$21.00
- **A1c with eAG (estimated Average Glucose)** \$22.00
- **C-Peptide** \$45.00
- **Glucose** \$6.00
- **GlycoMark®** \$50.00
- **Insulin** \$26.00
- **Cardio IQ® Insulin Resistance Panel with Score** \$224.00
Includes: Insulin, C-Peptide, Insulin Resistance Score
- **Vitamin B12** \$26.00
- **Vitamin D, 25-Hydroxy** \$39.00
- **Magnesium RBC** \$29.00
- **Zinc** \$44.00
- **Cardio IQ® Advanced Lipid Panel Plus (5 Tests, 17 Biomarkers)** \$168.00



Inquire about pricing for tests not listed above. Additional discounts may be available when ordering a specific group of tests. Always follow up with your physician to discuss your results.

Prices are subject to change.

Email this form to: Denise@ReverseMyDiabetes.net

Direct-access testing (not ordered by a physician), is not available in certain states. Currently, New York, New Jersey and Rhode Island state laws prohibit direct-access testing.

Visit: www.ReverseMyDiabetes.net

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Self-Pay Lab Test Request Form

State laws prohibit residents of New York, New Jersey or Rhode Island direct-access testing, please contact your doctor.

Name: _____ Date: _____

Address: _____

Email: _____

Phone: _____ Home _____ Cell _____

Birthdate (Month/Date/Year): _____

1. Select your tests: (Prices are subject to change.)

- A1c** \$21.00
- A1c with eAG (estimated Average Glucose)** \$22.00
- C-Peptide** \$45.00 *Fast 10-12 hours
- Glucose (Fasting)** \$6.00
- GlycoMark®** \$50.00
- Insulin** \$26.00
- Cardio IQ® Insulin Resistance Panel with Score** \$224.00
Includes: Insulin, C-Peptide, Insulin Resistance Score
- Vitamin B12** \$26.00
- Vitamin D, 25-Hydroxy** \$39.00
- Magnesium RBC** \$29.00
- Zinc** \$44.00
- Cardio IQ® Advanced Lipid Panel Plus** (5 Tests, 17 Biomarkers) \$168.00

2. EMail this form to: Denise@ReverseMyDiabetes.net

- Your actual lab order will be emailed to you. [Look for an email from Ulta Lab Tests®](#) (check your Spam folder). Blood draw and testing is performed by Quest Diagnostics.
- Payment is made online with credit card after you receive or order. You will then be able to schedule your appointment at Quest Diagnostics. [Print your lab order and bring with to your blood draw.](#) **(You cannot be drawn without your paid lab order.)**

NOTE: Unused lab orders expire after 6 months from order date, no refund.

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