

# Diabetes Reversed – The Nutrition Miracle that Saved My Life!

Too many of us live with diabetes...Denise talks about living *without!*



**Denise A. Pancyrz**  
Coach • Speaker • Author  
Type 2 Diabetes Reversal Expert

Denise was diagnosed with Type 2 Diabetes and prescribed four insulin shots per day along with a handful of medications.

Told by the medical community she could never stop insulin or drugs – in fact, the dosages would increase with age.

Denise dared to step away from the traditional medical care and reversed her diabetes – no more insulin shots – no more medications. All accomplished through holistic lifestyle changes.

Denise shares her amazing story of reversing diabetes in her book ***The Virgin Diabetic***.

- ✧ 30.3 Million Americans Live with Diabetes
- ✧ 108 Thousand Annual Diabetes Related Amputees
- ✧ 84 Million More are Pre-Diabetic

## Show/Story Ideas –

**Why Government Guidelines Are Keeping Us Sick** – Managing diabetes is not the only option

**Are You Raising a Future Diabetic?** Learn why you may be putting your family's health risk

**Diabetes on the Go** – Healthy fast-food choices

**Heal Diabetes with the Power of Food** – Food can be your worst enemy or the best form of medicine. Astonishing side benefits revealed!

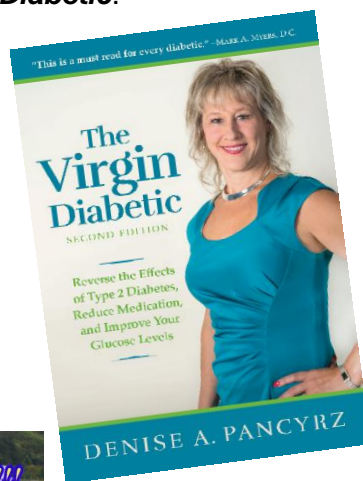
**Did You Just Get Diagnosed with Diabetes or Pre-diabetes?** Lower your A1c with this 5-step reversal process without dieting!

**How to Pass on Passed Hors d'oeuvres** – making good choices at a cocktail party

**The Holiday Season Could Be Deadly** – 3 steps to get you through the holidays

**Get the Skinny on My Slimmer Smoothie!**  
Lose 5 lbs. fast

**Surviving a Natural Disaster** – How a diabetic should prep before food and water become scarce.



**The Virgin Diabetic, Reverse the Effects of Type 2 Diabetes, Reduce Medication, and Improve Your Glucose Levels, 2<sup>nd</sup> Edition**

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Contact: Denise A. Pancyrz

Denise@reversemydiabetes.net

✧ 630-281-0873 (FL)

[www.ReverseMyDiabetes.net](http://www.ReverseMyDiabetes.net)

Available nationwide by arrangement